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The medications you will receive during surgery, as well as not eating prior to anesthesia, can make you light headed after surgery and potentially result in a fall. This is temporary and will disappear as you fully recover from anesthesia and surgery.

It is important that for 24 hours after surgery you change your positions slowly, avoid bending over, and avoid strenuous physical exertion. When you climb stairs or use the bathroom it is important that someone be with you. Additionally, you should not operate power equipment as this could result in injury.

I have been informed of the above information, will be provided a post-operative instruction pamphlet and agree to follow all post-operative instructions given to me.